

LUNCH MENU - WEEK TWO



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Nursery and Reception Snack (10.00am)	A selection of fresh fruits or puree				
Lunch	Beef Stroganoff, wild/basmati rice, garlic green beans	Hot Dog, sauces, herby seasoned potatoes & buttered corn	Bolognese, penne, roasted courgette	Chicken Korma, basmati, pappadum & buttered peas	Salmon fishcakes, chips, baked beans
Vegetarian Option	Mushroom stroganoff, wild/basmati rice, garlic green beans	Vegetarian hotdog, herby seasoned potatoes & buttered corn	Lentil & vegetable bolognese, roasted courgette	Chickpea & spinach korma, basmati, pappadum & buttered peas	Vegetarian sausages, chips, baked beans
Dairy Free Option	Dairy free stroganoff	As above	As above	As above	As above
Dessert	Chocolate chunk cookie	Minted pineapple salad	Chocolate topped flapjack	Berry Pavlova	Lemon Cake
Salad Bar	A selection of fresh salads and cold proteins, such as a variety of sandwiches. Jacket potatoes are also available				
Pre-Prep Snack (2.30pm)	Our daily special low sugar snacks				
Nursery Snack (3.00pm)	A selection of baked bread & butter, oatmeal muffins, date bars, fruit or cheese and crackers				
Prep Snack (4.10pm)	Chosen on the day by our Chef, with nutrition and quality in mind!				
Nursery Tea (4.30pm)	Chunky vegetable pasta	Moroccan chicken	Potato, broccoli & cheese pie	Sausage rolls and salad	Chicken, sweet potato fajitas