

# LUNCH MENU - WEEK ONE



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Nursery and Reception Snack (10.00am)	A selection of fresh fruits or puree				
Lunch	Bolognese, wholemeal penne A blend of beef & pork, carrot, courgette, herbs, tomatoes, with peas	Chicken & potato masala, rice A gently sweet, spiced curry With green beans	Fresh baked pizza corn and seasoned wedge	Roast chicken stuffing, skin-on roast potatoes, carrots, gravy	Fish & chips Battered, with peas
Vegetarian Option	Lentil bolognese wholemeal penne With peas	Chickpea, spinach masala, rice, green beans	Fresh baked pizza corn and seasoned wedge	Cauliflower cheese skin on roast potatoes, carrots, gravy	Vegetable pasta bake Smooth & nutritious with peas
Dairy Free Option	Either of the above	As above, made with coconut milk	Fresh baked dairy free pizza corn and seasoned wedge	Roast chicken stuffing, skin on roast potatoes, carrots, gravy	Either of the above
Dessert	Flapjack Oaty and sweet	Banana Fool Sliced banana folded into chilled custard	Chocolate cornflake cake School classic!	Apple crumble & custard Soft apples, crunchy top	Chocolate brownie
Salad Bar	A selection of fresh salads and cold proteins, such as a variety of sandwiches. Jacket potatoes are also available				
Pre-Prep Snack (2.30pm)	Our daily special low sugar snacks				
Nursery Snack (3.00pm)	A selection of baked bread & butter, oatmeal muffins, date bars, fruit or cheese and crackers				
Prep Snack (4.10pm)	Chosen on the day by our Chef, with nutrition and quality in mind!				
Nursery Tea (4.30pm)	Baked potato & beans Fresh fruits	Breaded chicken wrap fresh fruits	Pepper and tomato pasta bake Fresh fruits	Tuna fishcakes Fresh fruits	Baked frittata Fresh fruits